



Rhythm  
OF LIFE

# Through Lent ...

*With Scalby Methodist and St Laurence's Church ...*



## Living Holiness

at Scalby Methodist

Wednesdays 2.00pm – 3.30pm

EVERYONE IS WELCOME

Week one - Wednesday 12th March  
'Rooted in Prayer'

Week two - Wednesday 19th March  
'Shaped by Scripture'

Week three - Wednesday 26th March  
'Transformed in Worship'

Week four - Wednesday 2nd April  
'Loving One Another'

Week five - Wednesday 9th April  
'Living Generously'

Week six - Wednesday 16th April  
'Sharing Faith'

*Each session explores the theme through a passage of scripture and a short reflection to help connect this to daily life. Through listening, questions, discussion, prayer and the challenge to find ways to put each practice into practice! the aim of Living Holiness is to encourage and deepen faith for life*